

### **Developing good relationships and respecting the differences between people**

Children are taught:

- To realise the nature and consequences of racism, teasing and bullying. How to respond to them and how to ask for help.
- To recognise and challenge stereotypes.
- That differences and similarities between people arise from a number of factors.

### **Developing confidence and responsibility and making the most of their abilities**

Children are taught:

- To recognise as they approach puberty how people's emotions change at that time, and how to deal with their feelings towards themselves, their family and others in a positive way.
- About the range of jobs carried out by people they know and how to make their own contribution in the future.
- To look after their money and realise that future wants and needs may be met through saving.



## **End of Year Expectations**

**PSHE**

**Year 5 and 6**

### **Developing a healthy and safe lifestyle**

Children are taught:

- Which commonly available substances are legal and illegal, their effects and risks.
- To recognise the different risks in different situations and then decide how to behave responsibly, including sensible road use and judging what kind of physical contact is acceptable or unacceptable.
- That pressure to behave in an unacceptable or risky way, can come from a variety of sources including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong.
- School rules about health and safety, basic emergency aid procedures and where to get help.

### **Preparing to play an active role as citizens**

Children are taught:

- To reflect on spiritual, moral, social and cultural issues, using imagination, to understand other people's experiences.
- To resolve differences by looking at alternatives, making decisions and explaining choices.
- What democracy is, and about the basic institutions that support it locally and nationally.
- To recognise the role of voluntary, community and pressure groups.
- To appreciate the range of national, regional, religious, and ethnic identities in the UK.
- That resources can be allocated in different ways and that these economic choices affect individuals, communities, and the sustainability of the environment.